

What to expect from your iLux[®] treatment

Blocked glands in your eyelids are the number one cause of dry eye. iLux is an in-office treatment which unblocks the glands by applying gentle heat and pressure to both upper and lower lids.

After treatment with iLux, the glands in your eyelids can function more effectively and produce the oil (called meibum) needed to keep your tear film stable and healthy.

THE DAY OF YOUR ILUX PROCEDURE:

DO NOT WEAR ANY
EYE MAKE UP



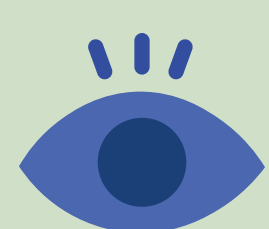
DO NOT WEAR
CONTACT LENSES



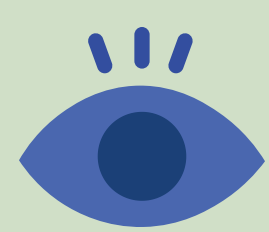
NUMBING DROPS WILL BE
PUT IN YOUR EYES



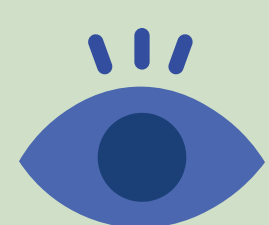
TREATMENT TYPICALLY
TAKES LESS THAN 10
MINUTES



iLux is applied to each eyelid, with up to two treatments per lid depending on your needs



The gentle light-based heat warms your eyelid and softens the meibum blocking the glands



Gentle compression is applied to express the melted meibum from the gland orifices

AFTER YOUR PROCEDURE:



YOU MAY FEEL IMPROVEMENTS IN YOUR DRY EYE SYMPTOMS



YOU WILL BE SCHEDULED FOR A FOLLOW UP VISIT



IN AN ILUX CLINICAL TRIAL, PATIENTS EXPERIENCED A SIGNIFICANT IMPROVEMENT OF SYMPTOMS AFTER TWO AND FOUR WEEKS AS MEASURED WITH THE OCULAR SURFACE DISEASE INDEX QUESTIONNAIRE



CONTINUE YOUR MAINTENANCE TREATMENTS AS PRESCRIBED BY YOUR DOCTOR TO ENSURE LONG LASTING RESULTS



Treatment recommendations

After your iLux treatment, your doctor has recommended the following additional treatments and steps:

	Treatment		Brand
	Warm compress	<input type="checkbox"/>	-----
	Lid wipes/cleaner	<input type="checkbox"/>	-----
	Omega-3 supplement	<input type="checkbox"/>	-----
	Artificial tears	<input type="checkbox"/>	-----
	Moisture goggles	<input type="checkbox"/>	-----
	Sleep mask	<input type="checkbox"/>	-----
	Night-time ointment	<input type="checkbox"/>	-----
	Prescription medication	<input type="checkbox"/>	-----
	Other	<input type="checkbox"/>	-----

Follow up appointment

Your doctor would like you to return for follow up on: _____

